

ARE YOU THE HERO OR VICTIM OF *YOUR* LIFE STORY?

Speaker John-Manuel Andriote draws from his personal story and his new book *Stonewall Strong* to show how to frame your story as one of courage and survival rather than weakness and defeat.



John-Manuel Andriote
SPEAKER | AUTHOR | JOURNALIST

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“*Stonewall Strong* will inform and inspire readers of all sexual orientations and genders.”— GREGORY M. HEREK, professor of psychology emeritus, University of California, Davis

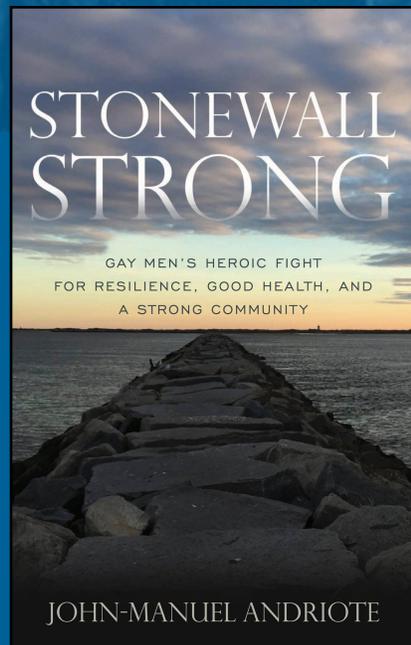
“Truth-telling at its best!” — REV. ELDER TROY PERRY, founder, Metropolitan Community Churches

“A tour de force, interweaving John-Manuel Andriote’s personal journey with a trenchant analysis of social transformation.” — KENNETH MAYER, M.D., infectious disease attending and director of HIV prevention research, Beth Israel Deaconess Medical Center; professor of medicine, Harvard Medical School; medical research director, The Fenway Institute

“I can’t recommend the book highly enough.”
— BILL NEMITZ, columnist, *Portland (Maine) Press-Herald*

Longtime Washington, D.C., health journalist John-Manuel Andriote didn’t expect to mark the twenty-fifth year of the HIV-AIDS epidemic in 2006 by coming out in the *Washington Post* about his own recent HIV diagnosis. Over time, Andriote came to understand that his choice, each and every day, to take the powerful medication he needs to stay healthy, to stay alive, came from his own resilience. When and how had he become resilient? He searched his journals for answers in his own life story. The reporter then set out to learn more about resilience. *Stonewall Strong* (Rowman & Littlefield, 2017) is the result.

Andriote draws from his own story, nearly one hundred original interviews with noted and not as well known men and women, and leading-edge research, to make it abundantly clear: Most gay men are astonishingly resilient and offer much to teach anyone willing to learn what it means to frame your personal story as a heroic tale of surviving and thriving in spite of adversity, and why community is so important to good health.



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SPEAKING TOPICS

- Be the *hero* of your life story, *not* the victim.
- Define aging and ‘old’ on *your* terms, not someone else’s.
- Claim your resilience, *consciously!*